

***Universe Gives creative workshops are customized to meet the needs and interests of the participants.***

***Great for people of all ages!***

(couples, families, and special groups)

***Perfect for corporate events!***

(team building, job satisfaction)

***Excellent add-on to any party!***

INDOORS or OUTDOORS

(at your location, at a public park, at a private venue, or at our art studio in Sun Valley, CA)



**Universe Gives Inc. is a California nonprofit serving the Los Angeles County since 2015.**

***Improving lives through art and rhythm***

**OUR MISSION:**

***Fostering alternative support systems addressing unique needs of individuals, their families, and the communities they live in.***

**Date and Time:** *By appointment*

**Workshop Duration:** *2-3 hours*

**Group Size:** *Up to 12 people*

(all supplies included)

Prices may vary based on location, needed supplies, and number of participants.

Please contact us for details:

**1-800-971-2773**

**UniverseGives@gmail.com**

**Facebook.com/UniverseGives**

**Instagram.com/UniverseGives**

***Creative Workshops  
Designed For You***

**Less Stress - More Fun!**

**UniverseGives.org**

**#universegives #artandrhythm**

## PAPER WORKSHOPS

### Collage & Mod Podge

creating mood boards, vision boards and sentimental keepsakes

### Doodling & Scratching

using pencils, markers, pens, and sticks on small size paper cards or in sketch books

### Sketching & Drawing

focusing on concepts, feelings, things, places, people and animals

### Coloring

using color pencils and markers to color existing designs

### Watercolor Painting

(blending colors and painting simple landscapes)

### Papier-Mache

making masks, reliefs, shapes, and containers

### Sacred Geometry

- Building Sacred Geometry Patterns
- Designing Mandalas
- Introduction to Platonic Solids

## CANVAS PAINTING WORKSHOPS

(ACRYLICS)

- Landscapes
- Still Life
- Inspired By Nature
- Self-Portrait
- Pet Portrait
- Abstract Painting
- Pour, Splatter, and Spin

## DECORATING HARD SURFACES

(ROCKS & WOOD)

- Color Combinations & Patterns
- Ombre - Color Blending
- Painting with Dots
- Working with Stencils, Stickers, and stamps

## FABRIC WORKSHOPS

(FABRICS, YARN, ROPE, & RIBBONS)

### Fabric Painting

T-shirts, scarves, bags, pillow cases, and more

- Stenciling
- Block Printing & Stamping
- Brush-On & Puffy Paints

### Knots & Decorative Applications

working with rope and twine

### Knitting

yarn knitting using hands and knitting hooks

### Hand Sewing and Beading

making small items and accessories by hand

## MIXED MEDIA WORKSHOPS

### Exploration & Experimentation

having fun with available art supplies and materials of choice

### Hands-On Self-Expression

making creative choices while combining different mediums to address emotions

## PERCUSSION WORKSHOPS

### Drum Making & Sound Exploration

making small drums from household items, found objects, and basic materials

### Tambourine Making

designing, constructing, and playing tambourines

### Hand Drumming Basics

learning basic drumming techniques, patterns and signatures

### Understanding Rhythm

listening to distinctive cultural rhythms while playing with various percussion instruments